

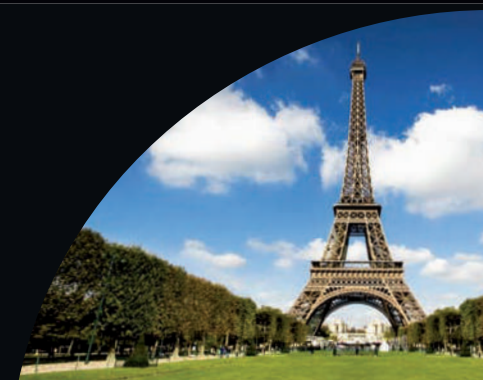


18<sup>th</sup>

Scientific Annual Meeting of the

INTERNATIONAL SOCIETY  
FOR VASCULAR HEALTH

8 - 9 December 2023 / Salons Hoche Paris



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### Scientific societies & Joint sessions

• THE HELLENIC SOCIETY FOR THE STUDY  
AND RESEARCH OF AGING - HESSRA

• THE HYPERTENSION INFARCTION STROKE  
PREVENTION ASSOCIATION - HISPA

• THE CROATIAN HYPERTENSION LEAGUE

• THE UKRAINIAN ANTIHYPERTENSIVE SOCIETY

• THE BULGARIAN HYPERTENSION LEAGUE



## Welcome letter

Dear Colleagues,

It is our pleasure to welcome you to the **18<sup>th</sup> scientific annual meeting** of the International Society for Vascular health (ISVH®) to be held on **December 8 and 9, 2023 in Paris**. ISVH wanted to celebrate its 18<sup>th</sup> anniversary by bringing the organization of its annual congress back to where it was created, Paris, the city of lights.

Vascular health has become a very important issue involved in different areas such as cardiovascular prevention, diseases, and vascular ageing. Recently, the need to assess large and small arteries has been discussed into several cardiovascular guidelines, emphasizing that a better understanding of its evaluation methods will lead to a clearer explanation of the disease's pathophysiology and management. Several presentations will address these aspects in detail.

In addition, the new devices (wearable, cuffless, and more), allowing ambulatory measurements of several hemodynamic parameters, have paved the way to teleconsultation and telemonitoring. The applicability of these new techniques in clinical practice remains unclear. Leading experts in the field will discuss these methods, detailing their advantages, limitations, and potential applications in clinical practice.

Like previous meetings, the scientific program will continue the tradition of high-quality presentations and discussions related to clinical applications of vascular health & aging. Particularly, the meeting will focus on the methodological aspects and “how/when to assess” large and small arteries including blood pressure measurements. All relevant aspects their fundamentals and clinical applications are welcome.

A large portion of the program will be devoted to oral presentations and discussions, but it will also include poster presentations as well as an exhibition area. A prize will be awarded to the selected “best poster”.

Additionally, this annual meeting includes joint sessions with:

- The Hellenic Society for the Study and Research of Aging - HeSSRA
- The Hypertension Infarction Stroke Prevention Association - HISPA
- The Croatian Hypertension League
- The Ukrainian Antihypertensive Society
- The Bulgarian Hypertension League

After the meeting, an “Official Position Statement” endorsed by all the contributing societies will be published in a peer review journal, namely, the Vascular Health and Risk Management (VHRM) Journal.

Our warm welcome to this annual 18<sup>th</sup> ISVH® meeting.



Prof Roland Asmar  
Chair Local Organization Committee

A blue ink signature of Prof. Roland Asmar, written in a cursive style.



Prof Nebojsa Tasic  
President ISVH

A blue ink signature of Prof. Nebojsa Tasic, written in a cursive style.

**Day 1 - Friday 8 December 2023****8:30 - 8:45 OPENING CEREMONY****SESSION 1 - Blood Pressure Measurements in the 21 Century**

R. Asmar (FR), G. Stergiou (GR)

8:45 - 9:00 **Office, Home and Ambulatory Blood Pressure Measurement Which Method to consider?**

P. Jankowski (PL)

9:00 - 9:15 **Blood Pressure Measurements in Pharmacies & Public Spaces What To Consider?**

A. de la Sierra (ES)

9:15 - 9:30 **Blood Pressure Measurement in Special Populations Children, Pregnancy, Arrhythmia, Obese & More**

G. Stergiou (GR)

9:30 - 9:45 **Cuffless Blood Pressure measurement - Insights & perspectives**

G. Wuerzner (CH)

9:45 - 10:00 General Discussion

10:00 - 10:30 Coffee Break &amp; Posters Visit

**SESSION 2 - Evaluation of the Large Artery Structure & Functions****Which Method for Which Evaluation?** M. Bäck (SE), A. Benetos (FR)10:30 - 10:45 **Pulse wave Velocity (PWV) - Which Method, which arterial segment?**

S. Millasceau (FR)

10:45 - 11:00 **Cardio-Ankle Vascular Index (CAVI) - A New Global Arterial Stiffness Index?**

K. Shirai (JP)

11:00 - 11:15 **Intima-Media Thickness (IMT) - Where it stands in 2023**

M. Rajzer (PL)

11:15 - 11:30 **Popmetre - The Arterial Age – Clinical Relevance?**

A. Plé (FR)

11:30 - 11:45 **Central BP & pulse Wave Analysis - Which method to consider?**

A. Avolio (AU)

11:45 - 12:00 General Discussion

**SATELLITE SYMPOSIUM****Promoting Vascular Health - International Experience - H. Wang (CN) - F. Fantin (IT)**12:00 - 12:15 **Vascular Health Promotion in China**

H. Wang (CN)

12:15 - 12:30 **Improvement of LV Mass & Atrial Function Through The CAVI in Hypertensive Patients**

K. Shimizu (JP)

12:30 - 12:45 **Vascular Health Assessment – The Russian Experience**

Y. Kotovskaya (RU)

12:45 - 14:00 Lunch - Posters Visit

**SESSION 3 - Arterial Hemodynamic – Macro & Microcirculation****Update from the Last Decade - P. Zelveian (AM), E. Agabiti-Rosei (IT)**14:00 - 14:15 **The Retinal Microcirculation – A prognostic approach in Cardiovascular Prevention?**

E. Agabiti-Rosei (IT)

14:15 - 14:30 **Capillaroscopy To Assess Cardiovascular Target Organ Damage**

C. Ince (NL)

14:30 - 14:45 **Ankle/Brachial Index - A Predictor of CV mortality? How and when to perform?**

P. Zelveian (AM)

14:45 - 15:00 **Blood Pressure Variability - Clinical relevance & application**

G. Parati (IT)

15:00 - 15:15 **Cardiovascular Biomarkers - Current Evidence & Controversies**

A. Postajian (BG)

15:15 - 15:30 General Discussion

15:30 - 16:00 Coffee Break &amp; Posters Visit

**SESSION 4 - Round Table - Clinical Applications & Practice Guidelines**

H. Struijker-Boudier (NL), I. Mintale (LV)

16:00 - 16:10 **Office Blood Pressure**

P. Jankowski (PL), G. Stergiou (GR)

16:10 - 16:20 **Home & Ambulatory - Blood Pressure**

A. de la Sierra (ES), G. Parati (IT)

16:20 - 16:30 **Pulse Wave Velocity, Cardio-Ankle Vascular Index & Arterial Age**

J. Topouchian (FR), S. Millasceau (FR)

16:30 - 16:40 **Central Blood pressure & Pulse wave analysis**

J. Blacher (FR), A. Avolio (AU)

16:40 - 16:50 **Blood pressure Variability – Nocturnal Blood Pressure**

G. Parati (IT)

16:50 - 17:00 **ABI - Intima-Media Thickness**

I. Mintale (LV), K. Rewiuk (PL)

17:00 - 17:10 **Retinal Microcirculation**

H. Struijker-Boudier (NL)

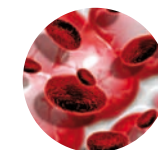
17:10 - 17:20 **Capillaroscopy**

C. Ince (NL), E. Agabiti Rosei (IT)

17:20 - 17:30 **Cardiovascular biomarkers**

A. Postajian (BG), B. Jelakovic (CRO)

17:30 - 18:00 Preparation of the Official Position Statement

**20:00 - 23:00 Gala Dinner**

## Day 2 - Saturday 9 December 2023

### Session 5 - Telemonitoring of Cardiovascular Risk Factors & Diseases

G. Bilo (IT), J. Topouchian (FR)

- 9:00 - 9:15 **Telemonitoring in Hypertension**  
G. Bilo (IT)
- 9:15 - 9:30 **Telemonitoring of Cardiovascular Diseases in France**  
V. Vercamer (FR)
- 9:30 - 9:45 **Telemonitoring of Patient with Atrial Fibrillation**  
M. Lopez-Sublet (FR)
- 9:45 - 10:00 **Telemonitoring of patients with Heart Failure**  
N. Pages (FR)
- 10:00 - 10:15 **Telemonitoring for Sleep Disorders**  
P. de Villèle (FR)
- 10:15 - 10:30 **AtoutCoeur and SPUR - An Adaptive Digital tool to Improve Compliance**  
K. Abdenbi (FR)
- General Discussion



10:30 - 11:00 Coffee Break & Posters Visit

### Session 6

#### Joint Session with The Hellenic Society for the Study and Research of Aging HeSSRA

#### Adapting Cardiovascular Treatments According to the Functional Status of Older Patients

A. Benetos (GR), J. Blacher (FR)

- 11:00 - 11:15 **The Interest of Treatment Tailoring**  
A. Benetos (FR)
- 11:15 - 11:30 **Geriatric Assessment of The Older Patient with Cardiovascular Disease**  
M. Kotsani (GR)
- 11:30 - 11:45 **The Challenge of Deprescribing**  
G. Bahat (Tk)
- 11:45 - 12:00 **Perspectives of Cardiovascular Prevention**  
J. Blacher (FR)



12:00 - 13:30 Lunch & Posters Visit

### Session 7 - Joint Session with HISPA - Methods to manage primary & secondary Prevention - Focus on Coronary & Stroke Prevention - N. Tasic (RS), R. Nikolić (BIH)

- 13:30 - 13:45 **Women & CV Diseases**  
I. Mintale (LV)
- 13:45 - 14:00 **HISPA Program of Personalized & Multidisciplinary CV prevention**  
N. Tasic (RS)
- 14:00 - 14:15 **Dyslipidemia & Cardiovascular Diseases**  
M. Ezhov (RU)
- 14:15 - 14:30 **Harm Reduction in Smokers**  
R. Zimlichman (IL)



### Session 8 - Joint Session with the Croatian Hypertension League Kidney is in the Heart of Hypertension - B. Jelaković (CRO), P. de Leeuw (NL)

- 14:30 - 14:45 **How To Evaluate Kidney Function (eGFR)? One Measure Does Not Fit All**  
P. de Leeuw (NL)
- 14:45 - 15:00 **ABPM in obese CKD patients**  
V. Kotsis (GR)
- 15:00 - 15:15 **New Reno-Protective Therapy**  
A. Covic (RO)
- 15:15 - 15:30 **Arterial Stiffness in Chronic Kidney Disease - PWV Vs. CAVI**  
A. Jelaković (CRO)



15:30 - 16:00 Coffee Break & Posters Visit

### Session 9 - Joint Session with The Ukrainian Society of Hypertension And The Bulgarian Hypertension league Arterial Stiffness Changes in Different Diseases - Y. Sirenko (UA), A. Postajian (BG)

- 16:00 - 16:15 **Systemic Arterial Stiffness Changes in Idiopathic Pulmonary Hypertension**  
G. Radchenko (UA)
- 16:15 - 16:30 **Systemic Arterial Stiffness Changes and Sleep Disorders**  
Y. Sirenko (UA)
- 16:30 - 16:45 **Systemic Arterial Stiffness Changes and Heart Failure**  
A. Postajian (BG)
- 16:45 - 17:00 **Systemic Arterial Stiffness Changes and Valve Replacement TAVI**  
M. Bäck (SE)



- 17:00 - 17:15 **Best Posters Prizes**  
Best Poster on Basic Research  
Best Poster on Clinical Research

17:15 - 17:30 **Conclusion & Closing Remarks**

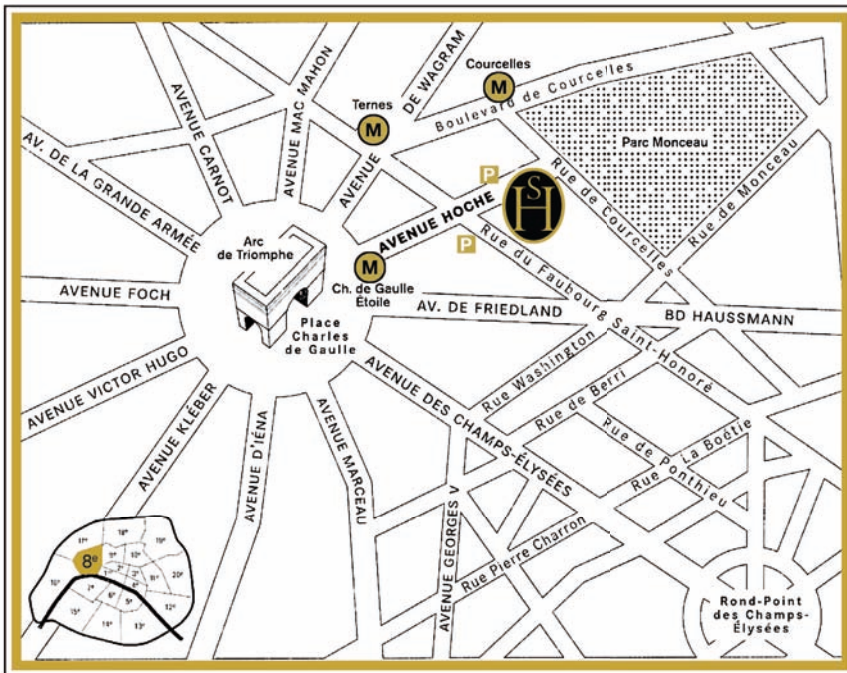
17:30 - 18:00 Preparation of the Official Position Statement

## Venue



LES SALONS  
HOCHÉ  
PARIS

Les Salons Hoche - Paris  
9 avenue Hoche  
75008, Paris



### Accès :

#### Métro :

Ligne 2 : station Charles de Gaulle - Étoile, Ternes ou Courcelles  
Lignes 1 et 6 : station Charles de Gaulle - Étoile

#### RER :

Ligne A : station Charles de Gaulle - Étoile

#### Bus :

Ligne 31 : arrêt Hoche  
Ligne 43 ou 93 : arrêt Hoche Saint-Honoré

#### En Voiture :

Boulevard périphérique, sortie Porte Maillot, Place de l'Étoile puis Avenue Hoche.  
Parkings Hoche ou Saint-Honoré



## Accommodation



Hôtel Friedland  
177, Rue du Faubourg Saint-Honoré  
75008 Paris



Hôtel Pley  
214, Rue du Faubourg Saint-Honoré  
75008 Paris



## Registration

<https://regimedia.fr/congres-isvh-2023>

**For organizational reasons, registration is free MANDATORY**

Your registration can be done (including coffee and lunch breaks):

- online: **click here**
- by email: [ldayan@regimedia.com](mailto:ldayan@regimedia.com)



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# Thanks to our partners



Foundation - Medical Research Institutes



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